

BANGKOK \$1 MENU

A street food stall in Bangkok, likely a 'Bangkok \$1 Menu' stall. The stall is filled with numerous metal trays and bowls containing a wide variety of Thai dishes. Visible items include fried fish, fried chicken, fried rice, stir-fried vegetables, and various soups. The dishes are arranged in rows, and the stall is set up outdoors with a blue tiled wall in the background.

25 Lip-Licking Thai Dishes for a Buck!

An EatingThaiFood.com Guide

Introduction

Thai food delivers the ultimate in culinary luxury: Delicious food at affordable prices.

Shove aside those mushy Jr. cheeseburgers oozing with noxious juices and make way for flash cooked plates of sizzling stir fried chicken with basil, piping hot curry noodles and crispy green papaya salads that are prepared fresh before your eyes.

The endless presence of lip-licking \$1 meals will have you massaging your stomach and desiring for more.

Enjoy!



About the Bangkok \$1 Menu

This is what is included for each of the 25 \$1 dishes.

Price: An average street price (prices may vary depending on neighborhood and location).

Ingredients: What's in the dish

Tip: Suggestions on where to find it. Keep in mind that many of the cheapest dishes are available from mobile street carts that move around Bangkok at their own will.

Be sure to check out the [16 Bangkok Street Food Sanctuaries](#) to discover some of the best street food dining hoods in town - concentrated areas where many \$1 meals are available.





- Mark Wiens

Send me a message, I'd love to hear from you - migrationology@gmail.com

Bangkok's sizzling street food culture is intoxicating!

When I first came to Thailand in 2009, sticky rice and green curry was the extent of my Thai food knowledge.

I immediately started learning about Thai food as fast as my growing stomach would allow, often justifying the excessive feasts for the sake of learning more about the cuisine.

My Thai food attraction paired with my obsessive food photography eventually led to the launch of the [Eating Thai Food Guide](#) - a compilation of useful tips, meal plans and a mega Thai dish encyclopedia.

I love Thai food so much, I get excited about the next meal, before finishing the one I'm on!

Thanks for downloading this guide and have a great time eating!



25 THB (\$0.85)

Kuay Teow Gai

Chicken Noodle Soup

(gǔay dtĕow gài)

ก๋วยเตี๋ยวไก่

Ingredients: Noodles, chicken, cilantro, bean sprouts, garnishing vegetables

Tip: Find it at street carts where boiled chickens are hanging in the glass cabinet along with a selection of rice noodles below.



10 THB (3 for \$1)

Kuay Teow Reua

Boat Noodle Soup
(gŭay dtĕow reua)

ก๋วยเตี๋ยวเรือ

Ingredients: Noodles, blood soup, morning glory, pork / beef, pork balls

Tip: I like to eat boat noodles at the bustling [Sud Yod Kuay Teow Reua](#) restaurant at Victory Monument.

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30 THB (\$1)

Sen Lek Tom Yum

Noodles with Spicy Soup
(sên lék dtôm yam)

เส้นเล็กต้มยำ

Ingredients: noodles, red pork, spicy soup, peanuts, herb garnish

Tip: Sen Lek Tom Yum is available in every nook and cranny of Bangkok. Head to [Victory Monument](#) for lots of choices.

30 THB (\$1)

**Roasted Rice Noodles
w/ Chicken and Eggs**

Kuay Teow Kua Gai
(gŭay dtĕow kŭa gài)

ก๋วยเตี๋ยวคั่วไก่

Ingredients: wide rice noodles, chicken, eggs, spring onions, parsley, black pepper, oil, oyster sauce, soy sauce, fish sauce



Tip: Find it at many street carts throughout Bangkok. Check out the famous Kuay Teow Kua Gai on the [side of the street in Yaowarat.](#)

35 THB (\$1.17)

Sen Yai Rad Na

Wide Rice Noodles w/ Gravy
(sên yài râat-nâa)

เส้นใหญ่ราดหน้า

Ingredients: wide rice noodles, pork, Chinese kale, fermented soybean sauce, flour, gravy, soy sauce, fish sauce, sugar

Tip: Find it at most general Thai restaurants, but also try [Ma Yodpak Radna](#) (though a bit more expensive - 50 THB).



25 THB (\$0.84)

**Kanom Jeen Nam Ya
Kati**

Sweet Coconut Curry w/
Rice Noodles
(kà-nǒm jeen náam yaa
gà-tí)

ขนมจีนน้ำยากะทิ

Ingredients: soft rice noodles, coconut cream, fish balls, mixed vegetables

Tip: Makeshift street carts all over Bangkok serve plates of Kanom Jeen with curry and communal plates of herbs and vegetable toppings. Often located in crowded markets for a quick meal / snack.



30 THB (\$1)

Pad Thai

Thai Fried Noodles
(pàt tai)

ผัดไทย

Ingredients: rice noodles, tofu, dried shrimp, peanuts, eggs, chili flakes, sugar, fish sauce, garnish vegetables, oil



Tip: Pad Thai fried noodles can be found all over Bangkok on the side of the street and in also in sit down restaurants.

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35 THB (\$1.17)

Yam Woon Sen

Mungbean Noodles Salad
(yam wún-sên)

ยำวุ้นเส้น

Ingredients: mungbean noodles, shrimp, squid, tomatoes, onions, lime juice, chili peppers, fish sauce

Tip: Most general Thai restaurants will offer a version of Yam Woon Sen. Try [Siam House](#) on Silom Soi 20.

35 THB (\$1.17)

Kuay Teow Lui Suan

Fresh Spring Rolls
(gǔay dtĕow lui sǔan)

ก๋วยเตี๋ยวลุยสวน

Ingredients: rice noodle sheets, ground pork, carrots, lettuce, peanuts, basil, herbs, eaten with garlic lime chili sauce



Tip: Usually made for take-away on the side of the street or available in markets. The area of [Tha Phra Chan](#) has a few good stalls.



30 THB (\$1)

Pad Pak Bung Fai Daeng

Stir Fried Water Morning Glory

(pàt pàk-bûng fai daeng)

ผัดผักบุ้งไฟแดง

Ingredients: morning glory vegetable, garlic, chili, oyster sauce, bean paste, oil

Tip: It's one of the most standard vegetables served at all general Thai restaurants. Check out [Lan Loong Lui](#) near Thammasat University.



30 THB (\$1)

Thai Green Papaya Salad

Som Tam Thai
(sôm dtam tai)

ส้มตำไทย

Ingredients: green papaya, tomato, string beans, dried shrimp, lime juice, peanuts, cane sugar, tamarind juice, fish sauce, garlic, chili peppers



Tip: Som tam is one of the most abundant dishes in all of Thailand. Try the fiery Som Tam at [Som Tam Boo Maa](#), or at the thousands of mobile street carts throughout Thailand.

30 THB (\$1)

Suki

Mixed Vegetables Suki
(sù-gêe)

สุกี้

Ingredients: mixed vegetables, mung bean noodles, garlic, sugar, lime juice, Chinese tofu



Tip: At most general Thai restaurants you'll be able to order Suki in its dry form (suki haeng) or with soup (suki nam). Don't forget extra sauce!



35 THB (\$1.17)

Pad Pak Gachet

Stir Fried Water Mimosa
(pàt pàk gà-chàyt)

ผัดผักกาดเขียว

Ingredients: water mimosa, garlic, chili peppers, oyster sauce, soy sauce, sugar, oil

Tip: Pad Pak Gachet is available at most general Thai food restaurants on the street. At [Kuang Seafoods](#) it's more expensive, but worth it!

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30 THB (\$1)

Khao Pad Goong

Shrimp Fried Rice

ข้าวผัดกุ้ง

Ingredients: Rice, shrimp, small vegetables, cucumber, garnish

Tip: All general Thai restaurants will serve Khao Pad. Fried rice in Thailand is often drizzled with chilies and fish sauce. Try the neighborhood [Poisien Restaurant](#) (aka Pumpkin Lady).





10 THB (3 for \$1)

Moo Ping

Grilled Pork Stick

หมูโป่ง

Ingredients: Pork, marinade

Tip: Moo Ping is one of the most common on-the-go snacks in Bangkok. A few sticks of pork and a bag of sticky rice makes a tasty snack! Siam area is full of freshly grilled skewers.

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35 THB (\$1.17)

Pad Ga Pao Gai Kai Dao

Chicken Stir Fried with Basil
and Chilis + Fried Egg
(pàt gà pao gàì)

ผัดกระเพราไก่ + ไข่ดาว

Ingredients: chicken / pork,
Thai basil, chili peppers,
green beans, oyster sauce,
soy sauce, fish sauce, sugar,
garlic, oil, optional fired egg

Tip: Eat Pad Ga Pao at any
general Thai restaurant
throughout Bangkok.





30 THB (\$1)

Khao Na Bpet

Duck with Rice
(kâao nâa bpèt)

ข้าวหน้าเป็ด

Ingredients: duck, rice, soup, sweet soy sauce, small vegetables, pickled ginger

Tip: The indicator is the roasted ducks hanging in the glass cabinet. Try [Rawanstar Restaurant](#) at the Ratchawat Market.

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30 THB (\$1)

Khao Kluk Kapi

Fragrant Shrimp Rice w/
Mixed Toppings
(kâao klúk gâbpì)

ข้าวคลุกกะปิ

Ingredients: rice, shrimp paste, sugar, green mango, egg, string beans, onions, chili peppers, lime, sweet pork

Tip: This dish is often served in markets to-go. You can find it at the [Silom Soi 20](#) market in the early morning.



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40 THB (\$1.34)

Khao Mok Gai

Rice and Chicken Biryani
(kâao mòk gàì)

ข้าวหมกไก่

Ingredients: rice, chicken, oil, turmeric, cardamom, variety of spices, cucumber pickle

Tip: Try the hidden [Areesaa Lote Dee](#) restaurant located near Khao San Road for excellent chicken and beef biryani.

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35 THB (\$1.17)

Khao Yam

Spicy Rice Salad
(kâao yam)

ข้าวยำ

Ingredients: rice, dried shrimp, coconut, chili peppers, lemongrass, kaffir lime leaves, mango, green beans, lime, bean sprouts, spicy sauce

Tip: A beautiful version of this southern Thai speciality is available at [Lan Puk Tai Dao](#) near Siriraj Hospital.



30 THB (\$1)

Larb Moo

Minced Pork Salad
(laap mǎo)

ลาบหมู

Ingredients: minced pork, onions, chili flakes, mint, toasted rice flakes, lime juice, fish sauce, sugar



Tip: Larb Moo is a popular Thai dish available at all [Isaan food](#) restaurants throughout Bangkok. It's often eaten with sticky rice and accompanied by Som Tam (green papaya salad).



30 THB (\$1)

Nam Prik Makam

Tamarind Chili Sauce w/ Vegetables

น้ำพริกมะขาม

Ingredients: Tamarind, garlic, chilies, mix of spices, raw vegetables

Tip: My favorite place to eat Nam Prik Makam is at [Lan Luam Dtai](#) southern Thai restaurant near Siriraj Hospital.

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20 THB (\$0.67)

Som Tam Ponlamai

Thai Fruit Salad

ส้มตำผลไม้

Ingredients: Mixed fruit, string beans, chilies, fish sauce, lime juice, peanuts

Tip: The best Som Tam Ponlamai I've ever had was at the [Chamlong's Asoke vegetarian food court](#) near the Chatuchak weekend market.

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10 THB (3 for \$1)

Itim Kanom Pang

Ice Cream Sandwich
(ai-dtim kà-nǒm bpang)

ไอติมขนมปัง

Ingredients: Coconut ice cream, sticky rice, peanuts, sweet bread

Tip: Small pushcarts throughout Bangkok serve street ice cream straight outta-the-bun!

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30 THB (\$1)

Bua Loy Nam King

Mochi Rice and Sesame Balls in
Ginger Water

(bua-loi náam kǐng)

บัวลอยน้ำจิง

Ingredients: Mochi rice flour,
ginger water, sugar, black sesa-
me seeds

Tip: There is a great stall sell-
ing [Bua Loy on Yaowarat](#) (Chi-
natown) Road, opposite from
White Orchid Hotel.



Useful Information

- [16 Bangkok Street Food Sanctuaries](#)
- [100 Thai Dishes to Eat in Bangkok](#)
- [Thai Desserts: The Ultimate Thai Sweets Guide](#)
- [Vegetarian Thai Food](#)
- [The ultimate Eating Thai Food Guide](#) - Available now!

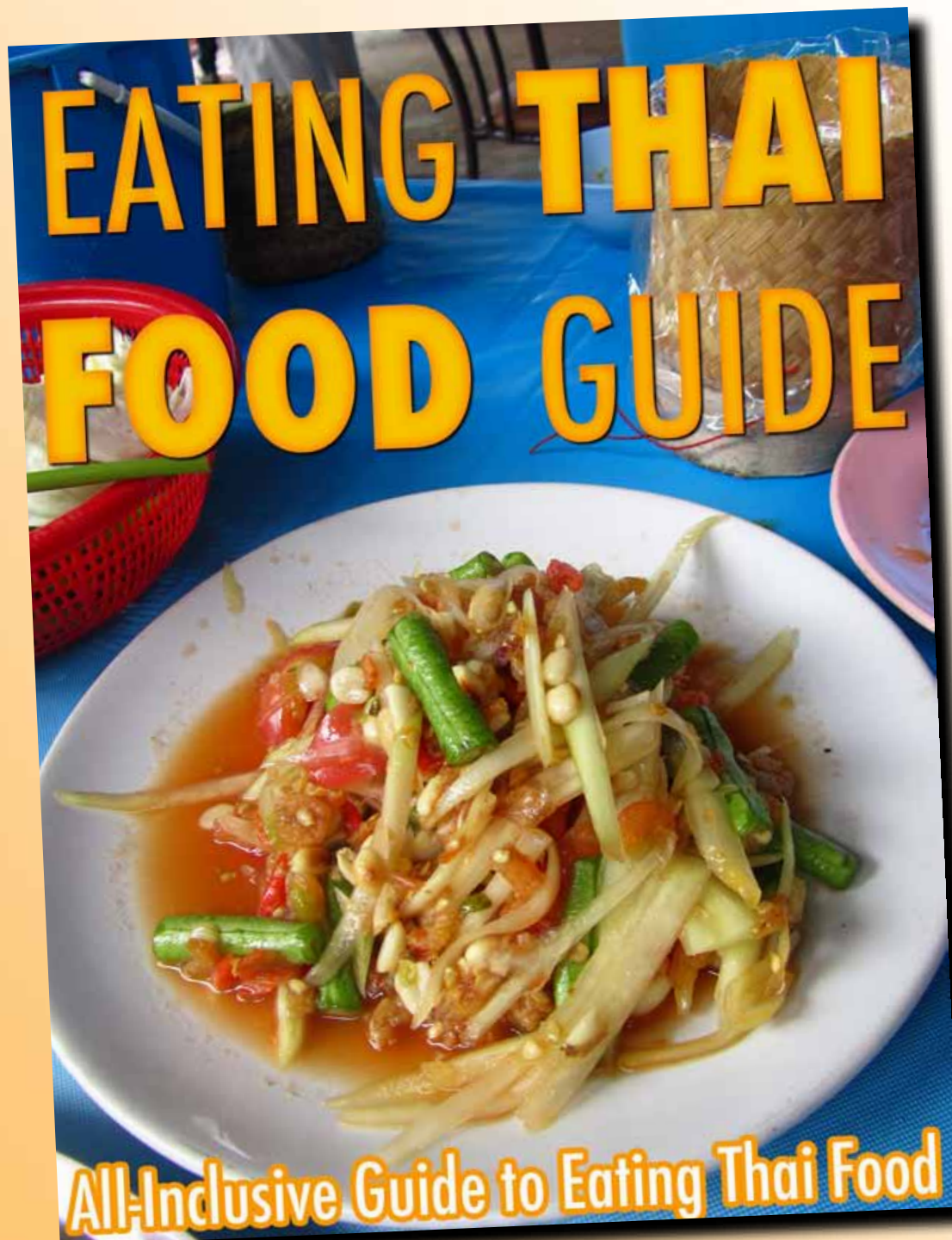
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"An **essential** guide to expanding your eating repertoire beyond the usual pad Thai and green curry."
— CNNGo.com

- Thai meal plans
- Top Thai foods lists
- Dining etiquette
- Important Thai phrases
- 140+ dish photo encyclopedia written in English & Thai script
- Lots of Thai food porn!

[Click here](#) to find out more, it's just \$7 USD (that's the cost of just 1 meal).

Get it NOW!

One of the beauties of eating in Thailand is that there are literally thousands upon thousands of dishes and snacks that cost \$1 or less.

This short guide is merely an introduction to the never ending excitement of Bangkok's everlasting \$1 Menu!

Get the most food for your buck!

- Mark Wiens

